

Acceptance Letter

To,
Mrs. Kalimunisa Begum,

We are pleased to inform you that the research paper / article titled "**A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME WITH REGARD TO JACOBSON'S PROGRESSIVE MUSCLE RELAXATION TECHNIQUE ON DYSMENORRHEA AMONG ADOLESCENT GIRLS INSELECTED SCHOOL OF KALABURAGI, KARNATAKA.**" submitted by you, has been selected for publication in Volume 3 Issue 2 dated 7th August 2024, in **Airo International Journal**.

We wish you a bright research and academic prospects ahead.



Anushka Mishra
Authorized Signatory
Editorial, Airo Journals

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